

Sauerland-Trailrun-Challenge

Stand nach vier Läufen
Top4 = vier beste Ergebnisse

Name	Vorname	m/w	Jahrgang	Allendorf	Hollenlauf	Bigge	Hohe Bracht	Teilnahmen	Top4	Gesamt	
Gabriel	Sonja	w	1993	15	20	20	20	20	4	75	83
Otto	Carmen	w	1975	20	20	20	0	3	60	66	
Hoff-Gerke	Carolina	w	1975	20	0	20	20	3	60	66	
Gerritsen	Jessica	w	1980	0	20	15	20	3	55	61	
Hellner	Astrid	w	1971	20	0	15	20	3	55	61	
Kramer	Sabine	w	1969	13	0	20	15	3	48	54	
Wojciechows	Raphaella	w	1977	0	13	20	13	3	46	52	
Schmerfeld	Jasmin	w	1982	0	20	20	0	2	40	44	
Stumpf	Petra	w	1960	0	0	20	20	2	40	44	
Rothert	Vanessa	w	1991	20	0	20	0	2	40	44	
Samp	Alwine	w	1978	0	13	8	15	3	36	42	
Kaufmann	Ursula	w	1963	0	20	15	0	2	35	39	
Greß	Ines	w	1968	0	0	13	20	2	33	37	
Gierse	Britta	w	1973	0	0	15	15	2	30	34	
Reeh	Bianca	w	1981	20	0	7	0	2	27	31	
Löw	Karin	w	1969	0	0	9	15	2	24	28	
Gottowik	Jacqueline	w	1989	0	20	0	0	1	20	22	
Durry	Simone	w	1975	0	20	0	0	1	20	22	
Wolf	Elke	w	1977	0	20	0	0	1	20	22	
Franz	Stefanie	w	1984	0	20	0	0	1	20	22	
Plitt	Carola	w	1966	0	20	0	0	1	20	22	
Cramer	Luciene	w	1972	0	20	0	0	1	20	22	
Bierman	An	w	1956	0	20	0	0	1	20	22	
Monnikhof	Nikki Olde	w	1989	0	20	0	0	1	20	22	
Willer-Engel	Gesine	w	1966	0	20	0	0	1	20	22	
Bülow	Brigitte	w	1985	0	20	0	0	1	20	22	
Einerhand	Luise	w	2001	0	20	0	0	1	20	22	
Rudolph-Mei	Marietheres	w	1968	0	20	0	0	1	20	22	
Hoorn	Elly	w	1960	0	20	0	0	1	20	22	
Nagy	Szilvia	w	1979	0	20	0	0	1	20	22	
Kost	Anna	w	1990	0	20	0	0	1	20	22	
Hilkenbach	Christa	w	1947	0	20	0	0	1	20	22	
Althoff	Hedwig	w	1955	0	20	0	0	1	20	22	
Lütgert	Tanja	w	1971	0	20	0	0	1	20	22	
Schmieding	Brigitte	w	1960	0	20	0	0	1	20	22	
Benz	Katja	w	1973	0	20	0	0	1	20	22	
von Hubatius	Ilka	w	1985	0	20	0	0	1	20	22	
Eskes	Vera	w	1975	0	20	0	0	1	20	22	
Kortyka	Sara	w	1991	0	20	0	0	1	20	22	
Luijken	Sabine	w	1967	0	20	0	0	1	20	22	
Althoff	Kirsten	w	1987	0	20	0	0	1	20	22	
Böneker	Christine	w	1981	0	20	0	0	1	20	22	
Sons	Sandra	w	1970	0	20	0	0	1	20	22	
Rösler	Vanessa	w	1978	0	0	20	0	1	20	22	
Hacker	Judith	w	1994	0	0	20	0	1	20	22	
Streb	Christina	w	1996	0	0	20	0	1	20	22	
Heinzler	Lisa	w	1986	0	0	20	0	1	20	22	
Schaffland	Nicole	w	1970	0	0	20	0	1	20	22	
Hermann	Bettina	w	1967	0	0	20	0	1	20	22	
Kremzow	Heidi	w	1953	0	0	20	0	1	20	22	
Körber	Greta	w	1936	0	0	20	0	1	20	22	
LENTSCH	Vijja	w	1966	0	0	20	0	1	20	22	
Miersch	Luisa	w	1997	0	0	20	0	1	20	22	
Feldmann	Sophia	w	2002	0	0	20	0	1	20	22	
Springmann	Lea	w	2007	0	0	20	0	1	20	22	
Spessart	Lilly	w	2005	0	0	20	0	1	20	22	
Venc	Jennifer	w	1981	0	0	20	0	1	20	22	
Bieker	Nadine	w	1984	0	0	20	0	1	20	22	
Ernhardt	Ilka	w	1972	0	0	20	0	1	20	22	
Schindler	Angela	w	1962	0	0	20	0	1	20	22	
Kienholz	Carola	w	1957	0	0	20	0	1	20	22	
Fuhrmann	Inga	w	1983	0	0	20	0	1	20	22	
Küttner	Christiane	w	1967	0	0	20	0	1	20	22	
Zietlow	Irina	w	1970	0	0	20	0	1	20	22	
Riecks	Erika	w	1955	0	0	20	0	1	20	22	
Herrmann	Janine	w	1996	0	0	20	0	1	20	22	
Poppenborg	Friederike	w	1984	0	0	20	0	1	20	22	
Hesse	Maria	w	1982	0	0	20	0	1	20	22	
Thürigen	Salome	w	2000	0	0	20	0	1	20	22	

Jürgens	Mailin	w	1990	0	0	20	0	1	20	22
Palmowski	Leona	w	1996	0	0	20	0	1	20	22
Schulte	Gudrun	w	1954	0	0	20	0	1	20	22
Faust	Sandra	w	1974	0	0	20	0	1	20	22
Barbe	Heide-Rose	w	1967	0	0	20	0	1	20	22
Tietz	Karin	w	1960	0	0	20	0	1	20	22
Ochel	Anika	w	1992	9	0	9	0	2	18	22
Pfeiffer	Inge	w	1939	0	0	20	0	1	20	22
Lentsch	Vilija	w	1966	20	0	0	0	1	20	22
Demmig	Inga	w	1984	20	0	0	0	1	20	22
Neuhaus	Karin	w	1968	20	0	0	0	1	20	22
Artz	Adina	w	2004	20	0	0	0	1	20	22
Becker	Kristin	w	1994	20	0	0	0	1	20	22
Brutzer	Birgit	w	1959	20	0	0	0	1	20	22
Rosemann	Kerstin	w	1966	20	0	0	0	1	20	22
Bialuschewsk	Christa	w	1954	20	0	0	0	1	20	22
Bettig	Sabrina	w	1981	20	0	0	0	1	20	22
Ernst	Madlene	w	1983	20	0	0	0	1	20	22
Jansen	Eva	w	1967	0	0	0	20	1	20	22
Cordes	Ulla	w	1960	0	0	0	20	1	20	22
Wilbrand	Ulrike	w	1955	0	0	0	20	1	20	22
Schmitz	Manuela	w	1975	0	15	0	0	1	15	17
Zester	Simone	w	1966	0	15	0	0	1	15	17
Meinhardt	Martina	w	1981	0	15	0	0	1	15	17
Hoffmann	Michelle	w	1994	0	15	0	0	1	15	17
Böckmann	Heike	w	1968	0	15	0	0	1	15	17
Lauber	Birgit	w	1975	0	15	0	0	1	15	17
Tackmann	Sonja	w	1976	0	15	0	0	1	15	17
Wölk	Tatjana	w	1979	0	15	0	0	1	15	17
Kmiec	Justyna	w	1968	0	15	0	0	1	15	17
Blum	Alexandra	w	1966	0	15	0	0	1	15	17
Klauke	Franziska	w	1986	0	15	0	0	1	15	17
Pieper	Mariane	w	1985	0	15	0	0	1	15	17
Cetin	Ursula	w	1961	0	15	0	0	1	15	17
John-Müller	Antje	w	1966	0	15	0	0	1	15	17
Oltmer	Anne	w	1982	0	15	0	0	1	15	17
Seelbach	Sabrina	w	1977	0	15	0	0	1	15	17
Wolters	Nina	w	1972	0	15	0	0	1	15	17
Jahn	Birgit	w	1973	0	15	0	0	1	15	17
Becker	Anika	w	1984	0	15	0	0	1	15	17
Mollnar	Brigitte	w	1966	0	15	0	0	1	15	17
Wessinghage	Tina	w	1980	0	0	15	0	1	15	17
Bress	Judith	w	1988	0	0	15	0	1	15	17
Korff	Ursula	w	1984	0	0	15	0	1	15	17
Fuchs	Ingrid	w	1976	0	0	15	0	1	15	17
Renner	Gudrun	w	1959	0	0	15	0	1	15	17
Pförtch	Grit	w	1963	0	0	15	0	1	15	17
Ernst	Janina	w	1995	0	0	15	0	1	15	17
Münch	Leonie	w	1995	0	0	15	0	1	15	17
Bauer	Nancy	w	1982	0	0	15	0	1	15	17
Bückemeyer	Petra	w	1969	0	0	15	0	1	15	17
Lenhard	Iris	w	1966	0	0	15	0	1	15	17
Rixe	Anja	w	1968	0	0	15	0	1	15	17
Winterhagen	Annabelle	w	1989	0	0	15	0	1	15	17
Burkhardt	Yvonne	w	1984	0	0	15	0	1	15	17
Rabenstein	Monika	w	1987	0	0	15	0	1	15	17
Eule	Lara	w	1992	0	0	15	0	1	15	17
Stoffel	Petra	w	1975	0	0	15	0	1	15	17
Tönnissen	Gloria	w	1970	0	0	15	0	1	15	17
Schürhoff	Christiane	w	1963	0	0	15	0	1	15	17
Haupt-Arling	Ulrike	w	1962	0	0	15	0	1	15	17
Ringbeck	Anna	w	1957	0	0	15	0	1	15	17
Friedrichs	Nina	w	1996	0	0	15	0	1	15	17
Krause	Anja	w	1987	15	0	0	0	1	15	17
Heseler	Lisa	w	1995	15	0	0	0	1	15	17
Vogt	Sonja	w	1975	15	0	0	0	1	15	17
Funder	Gabriele	w	1964	15	0	0	0	1	15	17
Wandmache	Dorothee	w	1968	15	0	0	0	1	15	17
Hamenstädt	Birte	w	1981	15	0	0	0	1	15	17
Frenzl	Nicole	w	1974	0	13	0	0	1	13	15
Brüggemann	Nicole	w	1964	0	13	0	0	1	13	15
Bernhardt	Cornelia	w	1970	0	13	0	0	1	13	15
Lehmann	Sabine	w	1969	0	13	0	0	1	13	15

Niedick	Tanja	w	1975	0	13	0	0	1	13	15
Müller	Susanne	w	1966	0	13	0	0	1	13	15
Huckelmann	Andrea	w	1963	0	13	0	0	1	13	15
Grebe	Sandra	w	1971	0	13	0	0	1	13	15
Kraft	Christine	w	1964	0	13	0	0	1	13	15
Werz	Ruby	w	1974	0	13	0	0	1	13	15
Larisch	Eveline	w	1979	0	13	0	0	1	13	15
Ullrich	Daani	w	1982	0	0	13	0	1	13	15
Killing	Sandra	w	1988	0	0	13	0	1	13	15
Sunder	Tanja	w	1974	0	0	13	0	1	13	15
Woche	Bärbel	w	1959	0	0	13	0	1	13	15
Schütz	Isabell	w	1986	0	0	13	0	1	13	15
Schwarze	Antje	w	1965	0	0	13	0	1	13	15
Jung	Sophie-Marie	w	1995	0	0	13	0	1	13	15
Patzke	Uli	w	1973	0	0	13	0	1	13	15
Beuthe	Burga	w	1970	0	0	13	0	1	13	15
Kollassa	Marina	w	1990	0	0	13	0	1	13	15
Konrady	Marion	w	1963	0	0	13	0	1	13	15
Fischborn	Katja	w	1980	0	0	13	0	1	13	15
Kayka	Judith	w	1988	0	0	13	0	1	13	15
Denker	Sandra	w	1977	0	0	13	0	1	13	15
Moritz	Eva	w	1985	0	0	13	0	1	13	15
Jung	Silke	w	1967	0	0	13	0	1	13	15
Stamm	Beatrix	w	1971	0	0	13	0	1	13	15
Haymen	Ceejay	w	1961	0	0	13	0	1	13	15
Hellweg	Anna	w	1994	13	0	0	0	1	13	15
Verhulst	Saskia	w	1983	13	0	0	0	1	13	15
Hanisch	Annalena	w	1990	13	0	0	0	1	13	15
Dietrich	Lydia	w	1981	13	0	0	0	1	13	15
Dittrich	Jennifer	w	1977	0	10	0	0	1	10	12
van Schaik	Marije	w	1978	0	10	0	0	1	10	12
Weber	Sigrun	w	1974	0	10	0	0	1	10	12
Uhlmann	Christiane	w	1984	0	10	0	0	1	10	12
Westbomke	Martina	w	1973	0	10	0	0	1	10	12
Saßmannsha	Sandra	w	1974	0	10	0	0	1	10	12
Strauß	Simone	w	1969	0	10	0	0	1	10	12
Honig	Tanja	w	1979	0	10	0	0	1	10	12
Höwer	Doris	w	1967	0	10	0	0	1	10	12
Dietze	Stine	w	1981	0	0	10	0	1	10	12
Kempe	Kathrin	w	1991	0	0	10	0	1	10	12
Rump	Heike	w	1970	0	0	10	0	1	10	12
Wöstmann	Nina	w	1977	0	0	10	0	1	10	12
Wacker	Petra	w	1959	0	0	10	0	1	10	12
Schütze	Dorett	w	1966	0	0	10	0	1	10	12
Steckenborn	Nadine	w	1987	0	0	10	0	1	10	12
Aeilts	Michal Joana	w	1995	0	0	10	0	1	10	12
Meinel	Renate	w	1968	0	0	10	0	1	10	12
Müller	Beate	w	1974	0	0	10	0	1	10	12
Möller	Geli	w	1964	0	0	10	0	1	10	12
Jeske	Sandra	w	1982	0	0	10	0	1	10	12
Hüttemann	Angela	w	1990	0	0	10	0	1	10	12
Streuber	Ursula	w	1965	0	0	10	0	1	10	12
Arendt	Kerstin	w	1975	0	0	10	0	1	10	12
Sieland	Nathalie	w	1986	0	0	10	0	1	10	12
Engelbrecht	Eva	w	1970	0	0	10	0	1	10	12
Wachsmann	Katrin	w	1969	10	0	0	0	1	10	12
Müller	Christina	w	1995	10	0	0	0	1	10	12
Allebrod	Silke	w	1977	0	9	0	0	1	9	11
Lamberts	Gina	w	1967	0	9	0	0	1	9	11
Rosinski	Nicole	w	1974	0	9	0	0	1	9	11
Bräutigam	Eva	w	1970	0	9	0	0	1	9	11
Wolf	Katja	w	1974	0	9	0	0	1	9	11
Steeg	Claudia	w	1966	0	9	0	0	1	9	11
Brunner	Jenny	w	1990	0	0	9	0	1	9	11
Schulze	Yvonne	w	1981	0	0	9	0	1	9	11
Frey	Hella	w	1976	0	0	9	0	1	9	11
Losch	Kerstin	w	1961	0	0	9	0	1	9	11
Fleck	Konstanze	w	1963	0	0	9	0	1	9	11
Schulte	Kerstin	w	1985	0	0	9	0	1	9	11
Pfenningschr	Katja	w	1973	0	0	9	0	1	9	11
Fuhrmann	Kerstin	w	1970	0	0	9	0	1	9	11
Lyneel	Deborah	w	1967	0	0	9	0	1	9	11
Schmidt	Anke-Sophie	w	1979	0	0	9	0	1	9	11

Gräf	Petra	w	1967	0	0	9	0	1	9	11
Krusekamp	Britta	w	1976	0	0	9	0	1	9	11
Schuch	Jennifer	w	1987	0	0	9	0	1	9	11
Reinitz	Anke	w	1972	0	0	9	0	1	9	11
Schlenck	Simone	w	1970	9	0	0	0	1	9	11
Timpe	Meike	w	1973	0	8	0	0	1	8	10
Federholzner	Heike	w	1967	0	8	0	0	1	8	10
Henselmann	Silvia	w	1969	0	0	8	0	1	8	10
Hoberg	Tatjana	w	1992	0	0	8	0	1	8	10
Berei	Simone	w	1977	0	0	8	0	1	8	10
Holtgräve	Petra	w	1962	0	0	8	0	1	8	10
Jasperneite	Claudia	w	1977	0	0	8	0	1	8	10
Bullerdiek	Sinje	w	1970	0	0	8	0	1	8	10
Frühauf	Sylvia	w	1964	0	0	8	0	1	8	10
Barthel	Melanie	w	1980	0	0	8	0	1	8	10
Henneboele	Yvonne	w	1975	0	0	8	0	1	8	10
Klein	Lisa	w	1987	0	0	8	0	1	8	10
Schröder	Bettina	w	1966	0	0	8	0	1	8	10
Baumhoff	Lina	w	1993	0	0	8	0	1	8	10
Peter	Erika	w	1968	8	0	0	0	1	8	10
Kehrbusch	Christina	w	1973	0	7	0	0	1	7	9
Radis	Ulrike	w	1969	0	0	7	0	1	7	9
Kuhn	Nadja	w	1978	0	0	7	0	1	7	9
Schwarze	Anna	w	1990	0	0	7	0	1	7	9
Schneider	Katrin	w	1977	0	0	7	0	1	7	9
Rohne	Meike	w	1959	0	0	7	0	1	7	9
Reinhard	Sandra	w	1971	0	0	7	0	1	7	9
Schleder	Andrea	w	1963	0	0	7	0	1	7	9
Bauerhaus	Manuela	w	1974	0	0	7	0	1	7	9
Reinschmidt	Petra	w	1966	0	0	7	0	1	7	9
Dijkhuijs	Lisa	w	1989	0	0	7	0	1	7	9
Sosnowski	Runa	w	1993	0	0	6	0	1	6	8
Berghaus	Daniela	w	1970	0	0	6	0	1	6	8
Blaschke	Daniela	w	1975	0	0	6	0	1	6	8
Burkhardt	Susanne	w	1979	0	0	6	0	1	6	8
Krumbeck	Rebekka	w	1981	0	0	6	0	1	6	8
Posehardt	Kerstin	w	1989	0	0	6	0	1	6	8
Rieder	Lisa	w	1991	0	0	5	0	1	5	7
Hermann	adine	w	1971	0	0	5	0	1	5	7
Silberberg	Nursel	w	1977	0	0	5	0	1	5	7
Czirr	Christin	w	1982	0	0	5	0	1	5	7
van de Weer	Judith	w	1981	0	0	5	0	1	5	7
Müller	Katharina	w	1991	0	0	5	0	1	5	7
Malinowski	Kyra	w	1993	0	0	4	0	1	4	6
Nies	Theresa	w	1992	0	0	4	0	1	4	6
Reinhold	Ramona	w	1970	0	0	4	0	1	4	6
Tintrup	Liane	w	1969	0	0	4	0	1	4	6
Stracke	Kim Dana	w	1982	0	0	4	0	1	4	6
Duensing	Johanne	w	1978	0	0	4	0	1	4	6
Willms	Dagmar	w	1976	0	0	4	0	1	4	6
Bludau	Melanie	w	1977	0	0	4	0	1	4	6
Hamann	Tanja	w	1981	0	0	4	0	1	4	6
Weisner	Kirsten	w	1988	0	0	2	0	1	2	4
Paolini	Heidi	w	1969	0	0	2	0	1	2	4
Guehmann	Sina	w	1989	0	0	1	0	1	1	3
Grabowy	Melanie	w	1968	0	0	1	0	1	1	3
Altwasser	Aileen	w	1993	0	0	0	0	1	0	2
Daniela	Bischof	w	1969	0	0	0	0	1	0	2
Arndt	Corinna-Fisur	w	1969	0	0	0	0	1	0	2
Erdmann	Carolin	w	1989	0	0	0	0	1	0	2